



BCI Burke Company, LLC
600 Van Dyne Road • PO Box 549
Fond du Lac, WI 54936-0549
1-800-266-1250



Skinner Flat Top Manufactured By



How Intense Are You?



A Bold...

i-kinetic

Ready to turn it up a notch for your kids? Burke's all-new Intensity™ fitness play complex is designed to challenge and exercise young bodies while providing so much fun kids won't want to go home.

A recent National Survey of Children's Health reports that 14.8 percent of American kids between 10 and 17 are overweight. And more than two-thirds of Americans agree that children get too little exercise.

We couldn't agree more! That's why we created the new Intensity line – to help you get your kids moving, spinning, climbing and jumping. They'll be so engrossed in their play that they won't even realize they're doing something good for their young bodies.

Designed to meet the requirements for children from ages 5 to 12, Intensity appeals especially to children at the upper end of that scale and even beyond, with a focus on basic physical skills, coordination, strength, balance and endurance.

Intensity, featuring 5" posts and also uses our bolt-through fastening system that has made our Series 3000 line so popular.

If you're familiar with Burke's full array of products, you've probably noticed that Intensity builds on experience with Burke's Circuit Play® line, which introduced more fitness-oriented, competitive activities into Burke playgrounds. The two lines complement each other perfectly, with Intensity appealing to those looking for a more challenging play experience.



New Way...

i-nuclear

Throughout the development of the Intensity line, we've relied on the guidance of the best play experts in the world – kids! We invited them to take a “test drive” on each station. We watched their faces and body language carefully for every tiny reaction. The slightest display of boredom sent us back to the drawing board. What did we look for? Smiles. Excitement. Laughter. Consistent pace.

When we see a kid climbing across our Nimble Net with muscles flexing and a look of determination on his or her face, we know we're on the right track. And when we see that child eagerly moving on to the next challenge, we're certain that we've got it right.

As you begin choosing your Intensity fitness play complex, you can proceed with confidence, knowing that one of our four designs the i-sonic, i-kinetic, i-electric or i-nuclear, has been thoroughly “kid tested” and “kid approved”.

You may notice there's one activity that gets little emphasis: Sitting. Don't get us wrong. There are plenty of places to pause and visit for a few minutes. (Even kids have to catch their breath now and then!)

To Play...



Upright Post Colors



i-electric

Plastic Component Colors



For years, fitness experts have advised adults to mix things up by engaging in a wide range of activities. It's good advice, because it ensures that we exercise different muscle groups, learn different skills, and work our entire bodies. Perhaps most of all, it keeps us from that most diabolical foe of fitness: boredom.

Variety is just as important for kids. It keeps them coming back, and moving. Ultimately, it keeps them fit. When you're climbing, spinning, sliding, then "active balancing," you're working all your muscle groups, learning different skills, and burning more calories.

Here are just a few examples of the Intensity activities:

Nimble Net – A grid of cable reinforced rope that moves just enough to create a challenge, whether you're climbing up or across.

It's concave on one side and convex on the other to use different sets of muscles and offer more variety.

Extreme Cyclone – When we tell kids to take this one for a spin, we mean it. The child uses his or her own motion to create the energy that sets it turning. Great for promoting flexibility and strengthening the torso.

Dynamic Discs – We guarantee you never saw anything like this when you were smaller. The object is to stand on each disk and move on to the next until you reach the other side. But hang on tight, because the shaking ropes and spinning discs call for all the balance and agility the child can muster!